



**REASON FOR YOUR VISIT TODAY?**

- Chiropractic Initial Assessment
- Myotherapy & Massage Initial Consultation
- Pillow, Sleep & Mattress Assessment
- Foot Orthotic Posture Scan

**\*CONFIDENTIAL**

- Weight Loss Consultation
- Other: \_\_\_\_\_

**PERSONAL DETAILS:**

<b>Full Name:</b>		<b>Date Of Birth</b>	
<b>Address:</b>		<b>Suburb: Postcode:</b>	
<b>Phone (home):</b>	<b>Mobile:</b>	<b>Work:</b>	
<b>Spouse / Partner Name:</b>		<b>No. Children</b>	
<b>Email address</b>		<b>Occupation:</b>	
<b>Medicare Card No:</b>		<b>Reference #</b>	<b>Expiry date:</b>
<b>Private insurance Health Fund:</b>		<b>Chiropractic cover?</b>	<b>Y / N</b>
<b>Emergency Contact:</b>		<b>Emergency's Phone #</b>	
<b>How did you find us? (please circle)</b>	Walking/Driving past   Yellow Pages   Google   Flyer   Website   Newsletter Referral		
<b>Who can we thank for referring you?</b>			
<b>Previous Chiropractor</b>	<b>Yes / No</b>	<b>Who?</b>	<b>When?      Did it help? Y / N</b>
<b>Have you had SPINAL X-Rays ?</b>		<b>YES / NO</b>	<b>If yes, when?</b>
<b>Any known blood conditions/disease:</b>			

**MEDICAL & GENERAL HEALTH HISTORY:**

<b>Are you PREGNANT?</b>	<b>If yes, how many weeks?</b>
<b>List current MEDICATIONS</b>	
<b>Any personal history of serious disease?</b>	
<b>Please list SURGERIES (incl. yr)</b>	
<b>Avg length of SLEEP / night?</b>	<b>Age of MATTRESS?</b>
	<b>Age of PILLOW?</b>

**STRESSES**

<b>Physical</b> (falls, accidents, work posture) =
<b>Bio-chemical</b> (smoke, diet, drugs/alcohol) =
<b>Psychological, Emotional</b> (work, financial, relationship stresses) =

**GENERAL SYSTEM REVIEW**

*(Tick Left box = Past symptoms, Right box = Current symptoms)*

- |  |   |   |
|--|---|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Pins &amp; Needles, Numbness, Weakness</li> <li><input type="checkbox"/> Soreness in Neck</li> <li><input type="checkbox"/> Dizziness/Light-headed/Vision problems</li> <li><input type="checkbox"/> Headaches</li> <li><input type="checkbox"/> Painful/Clicking Jaw</li> <li><input type="checkbox"/> Shoulder Pain/Stiffness/Tension</li> <li><input type="checkbox"/> Mid Back Pain/Tension</li> <li><input type="checkbox"/> Pain in Ribs or Chest</li> <li><input type="checkbox"/> Low Back Pain/Weakness/Stiffness</li> <li><input type="checkbox"/> Hip Pain/Stiffness, Buttock &amp; Leg Pain</li> <li><input type="checkbox"/> Pain on Straining/Coughing/Sneezing</li> <li><input type="checkbox"/> Diabetes, kidney disease or heart disease</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Knee/Foot/Ankle trouble</li> <li><input type="checkbox"/> Unexplained weight loss</li> <li><input type="checkbox"/> Leg/Muscle Cramps</li> <li><input type="checkbox"/> Arm/Elbow/Wrist/Hand Pain</li> <li><input type="checkbox"/> Stroke (TIA)</li> <li><input type="checkbox"/> Loss of Smell/Taste</li> <li><input type="checkbox"/> Allergies, Colds &amp; Flu</li> <li><input type="checkbox"/> Fatigue</li> <li><input type="checkbox"/> Loss of Grip</li> <li><input type="checkbox"/> High/Low Blood Pressure</li> <li><input type="checkbox"/> Smoker (___/day)</li> <li><input type="checkbox"/> Medical devices and implanted devices such as intra- cranial aneurysm clips, cardiac pacemaker, coronary stents, intra ocular foreign bodies and cochlear implants (circle relevant)</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Asthma/Coughing</li> <li><input type="checkbox"/> Ear Disorders</li> <li><input type="checkbox"/> Freq loose stools</li> <li><input type="checkbox"/> Cancer</li> <li><input type="checkbox"/> Nausea/Vomiting</li> <li><input type="checkbox"/> Menstrual issues</li> <li><input type="checkbox"/> Diarrhoea/Digestion</li> <li><input type="checkbox"/> Constipation</li> <li><input type="checkbox"/> Abdominal Pain</li> <li><input type="checkbox"/> Drink Alcohol( / wk)</li> </ul> |
|--|---|---|

# REASON FOR YOUR VISIT :

List COMPLAINTS	When did this BEGIN?	SEVERITY? Mild=1 Severe=10	HOW did this begin?	Have you had this BEFORE?	What makes this complaint WORSE?	What other TREATMENT have you had for this?
1.						
2.						
3.						
4.						

If you have no symptoms or complaints and are here for chiropractic wellness services, please write "WELLNESS CHECK UP"

## CONSENT FORM

We are firmly committed to safety and efficacy at Wellbeing Chiropractic. Spinal manipulation and massage are a complex clinical skill and will only be performed by a suitably qualified professional or student under clinical supervision. We endeavour, through professional conferences, journals and continuing education to maintain the highest standards of care. In any clinical or medical procedure that deals with people there are inherent risks. Complications of spinal manipulation and soft tissue therapy when performed correctly and appropriately are **extremely** low in comparison to any other form of treatment. There is a possibility (figures suggest one chance in two million) that spinal manipulation of the cervical spine (neck) may be associated with damage (major or minor) to the blood supply of the brain (stroke). As an indication of comparative risk there is an accepted figure of sudden death under general anaesthesia of one in ten thousand; death caused by prescription anti-inflammatory drugs is **3,300 times more likely** than spinal manipulation. Other risks associated with spinal manipulation and soft tissue therapy may relate more specifically to your condition or aggravation to the spinal structures themselves such as the bones and ribs (a possibility of fracture) or the discs, ligaments or nerves. The purpose of our physical examination is to assess your condition with these things in mind so that we may choose the most appropriate technique for you. We believe that our expertise and experience enable us to provide the safest possible care. However, we would ask your co-operation in keeping us fully informed of your symptoms, past illnesses and any changes in your medical history including medications. Wellbeing Chiropractic uses twenty-four hour video surveillance within the clinic for internal communication and logistics. This surveillance will always be private and never shared with outside parties. If you have **any** queries or concerns please feel free to discuss these with us at any time. I have read and understood the above, and that I may choose to have no treatment or alternate treatment for my condition. I hereby consent to chiropractic treatment and/or soft tissue treatment at Wellbeing Chiropractic. I understand that I may withdraw my consent at any stage. I have had the opportunity to discuss this consent form and proposed treatment with the chiropractor and/or massage therapist. Furthermore, x-rays may be taken to better assess your condition. The proposed diagnostic imaging procedure has been explained to me in full and I have had the opportunity to ask questions. Furthermore, should it be deemed clinically necessary by signing below you give us the right to contact your general medical practitioner. **OUR PRIVACY COMMITMENT:** All information provided to Wellbeing Chiropractic is confidential and will only be used by and available to your practitioner. As part of our commitment to your wellbeing, we consider it important to keep your General Practitioner informed of your care and treatment at this clinic. We may therefore send an explanatory note or report to your GP. **MISSED APPOINTMENT POLICY:** 50% missed fee will apply if less than 6 hours' notice is not provided prior to appointment time.

Signature.....

Date...../2016

Name (please print) .....

Doctor's Signature:.....

### OFFICE ONLY:

ACT	MAN	AO	DP

P:	
S:	