



INITIAL ASSESSMENT FORM

***CONFIDENTIAL**

PERSONAL DETAILS:

Full Name:		Date Of Birth:	
Address:		Suburb: Postcode:	
Phone # (home):	Mobile:	Work:	
Spouse / Partner Name:		No. Children	
Email address		Occupation:	
Private insurance Health Fund:	Chiropractic cover?		Y / N
Emergency Contact:		Emergency's Phone #	
How did you find us? (please circle)	Walking/Driving past Yellow Pages Google Flyer Website Newsletter Referral Who can we thank for referring you?		
Previous Chiropractor	Yes / No	Who?	When? Did it help? Y / N
Have you had SPINAL X-Rays ?	YES / NO		If yes, when?
Rate your POSTURE out of 10? (10-1, Excellent - Poor)		Height (cm):	Weight (kg):

MEDICAL & GENERAL HEALTH HISTORY:

Are you PREGNANT?	If yes, how many weeks?		
List current MEDICATIONS			
Any personal history of serious disease?			
Please list SURGERIES (incl. yr)			
Avg length of SLEEP / night?	Age of MATTRESS?	Age of PILLOW?	

STRESSES

Physical (falls, accidents, work posture) =
Bio-chemical (smoke, diet, drugs/alcohol) =
Psychological, Emotional (work, financial, relationship stresses) =

GENERAL SYSTEM REVIEW

(Tick Left box = Past symptoms, Right box = Current symptoms)

- | | | |
|---|--|--|
| <input type="checkbox"/> <input type="checkbox"/> Pins & Needles, Numbness, Weakness | <input type="checkbox"/> <input type="checkbox"/> Knee/Foot/Ankle trouble | <input type="checkbox"/> <input type="checkbox"/> Asthma/Coughing |
| <input type="checkbox"/> <input type="checkbox"/> Soreness in Neck | <input type="checkbox"/> <input type="checkbox"/> Unexplained weight loss | <input type="checkbox"/> <input type="checkbox"/> Ear Disorders |
| <input type="checkbox"/> <input type="checkbox"/> Dizziness/Light-headed/Vision problems | <input type="checkbox"/> <input type="checkbox"/> Leg/Muscle Cramps | <input type="checkbox"/> <input type="checkbox"/> Freq loose stools |
| <input type="checkbox"/> <input type="checkbox"/> Headaches | <input type="checkbox"/> <input type="checkbox"/> Arm/Elbow/Wrist/Hand Pain | <input type="checkbox"/> <input type="checkbox"/> Cancer |
| <input type="checkbox"/> <input type="checkbox"/> Painful/Clicking Jaw | <input type="checkbox"/> <input type="checkbox"/> Stroke (TIA) | <input type="checkbox"/> <input type="checkbox"/> Nausea/Vomiting |
| <input type="checkbox"/> <input type="checkbox"/> Shoulder Pain/Stiffness/Tension | <input type="checkbox"/> <input type="checkbox"/> Loss of Smell/Taste | <input type="checkbox"/> <input type="checkbox"/> Menstrual issues |
| <input type="checkbox"/> <input type="checkbox"/> Mid Back Pain/Tension | <input type="checkbox"/> <input type="checkbox"/> Allergies, Colds & Flu | <input type="checkbox"/> <input type="checkbox"/> Diarrhoea/Digestion |
| <input type="checkbox"/> <input type="checkbox"/> Pain in Ribs or Chest | <input type="checkbox"/> <input type="checkbox"/> Fatigue | <input type="checkbox"/> <input type="checkbox"/> Constipation |
| <input type="checkbox"/> <input type="checkbox"/> Low Back Pain/Weakness/Stiffness | <input type="checkbox"/> <input type="checkbox"/> Loss of Grip | <input type="checkbox"/> <input type="checkbox"/> Abdominal Pain |
| <input type="checkbox"/> <input type="checkbox"/> Hip Pain/Stiffness, Buttock & Leg Pain | <input type="checkbox"/> <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> <input type="checkbox"/> Drink Alcohol(/ wk) |
| <input type="checkbox"/> <input type="checkbox"/> Pain on Straining/Coughing/Sneezing | <input type="checkbox"/> <input type="checkbox"/> Smoker (___/day) | |
| <input type="checkbox"/> <input type="checkbox"/> Diabetes, kidney disease or heart disease | <input type="checkbox"/> <input type="checkbox"/> Medical devices and implanted devices such as intra- cranial aneurysm clips, cardiac pacemaker, coronary stents, intra ocular foreign bodies and cochlear implants (circle relevant) | |

REASON FOR YOUR VISIT :

List COMPLAINTS	When did this BEGIN?	SEVERITY? Mild=1 Severe=10	HOW did this begin?	Have you had this BEFORE?	What makes this complaint WORSE?	What other TREATMENT have you had for this?
1.						
2.						
3.						
4.						

If you have no symptoms or complaints and are here for chiropractic wellness services, please write "WELLNESS CHECK UP"

CONSENT FORM

We are firmly committed to safety and efficiency at our practice. Spinal manipulation and massage is a complex clinical skill and will only be performed by a suitably qualified professional or intern under clinical supervision. We endeavour, through professional conferences, journals and continuing education to maintain the highest standards of care. In any clinical or medical procedure that deals with people there are inherent risks. Complications of spinal manipulation and soft tissue therapy when performed correctly and appropriately are extremely low in comparison to any other form of treatment. There is a possibility (figures suggest one chance in two million) that spinal manipulation of the cervical spine (neck) may be associated with damage (major or minor) to the blood supply of the brain (stroke). As an indication of comparative risk there is an accepted figure of sudden death under general anaesthesia of one in ten thousand; death caused by prescription anti-inflammatory drugs is 3,300 times more likely than spinal manipulation. Other risks associated with spinal manipulation and soft tissue therapy may relate more specifically to your condition or aggravation to the spinal structures themselves such as the bones and ribs (a possibility of fracture) or the discs, ligaments or nerves. We ask your cooperation in keeping us fully informed of your symptoms, past illnesses and any changes in your medical history including medications. Wellbeing Chiropractic uses twenty-four hour video surveillance within the clinic for internal communication and logistics. This surveillance will always be private and never shared with outside parties. If you have any queries or concerns please feel free to discuss these with us at any time. I have read and understood this informed consent form, and understand I may choose to have no treatment or alternate treatment for my condition. I hereby consent to chiropractic treatment and/or soft tissue therapy at our practice. I understand that I may withdraw my consent at any stage. I have had the opportunity to discuss this consent form and proposed treatment with the chiropractor/remedial massage therapist. Furthermore, x-rays may be taken to better assess your condition. The proposed diagnostic imaging procedure has been explained to me in full and I have had the opportunity to ask questions. FINANCIAL RESPONSIBILITY: I understand that accounts are due at the time of service. If outstanding accounts are not paid and additional services are required to recover the outstanding funds due, we reserve the right to charge a minimum administration fee of \$119 plus any additional fees and charges incurred in recovering fees. OUR PRIVACY COMMITMENT: All information provided to our chiropractors and support team is confidential and will only be used by and available to your practitioner.

Signature.....

Date:/...../.....

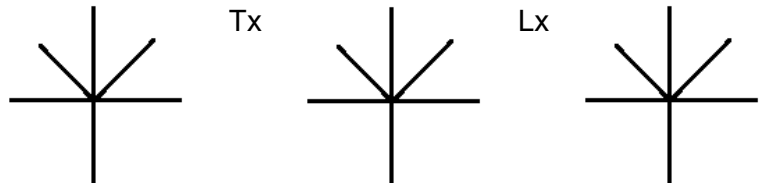
Name (please print)

Doctor's Signature:

OFFICE ONLY:

SLR +/- Kemps +/- Valsalva +/- Slumps +/- Cx compression +/- Max compression +/-

Maignes +/- Tx AP compression +/- ROM Cx



ACT	MAN	AO	DP

P:
S: